The New Milford Food Bank-Suggested items to donate:

Non-perishable items:

Peanut Butter & Jelly (Berry or Grape)

Pasta/Pasta Sauce/ Diced or Crushed Tomatoes

Rice (White or Brown)

Quinoa, Barley

Canned Vegetables

Canned Soups- Chicken/Veggie/ Lentil/ Cream

Canned Meals (Stew/Ravioli/Chili, etc.)

Canned Tuna/Chicken/Salmon

Canned Fruit or Dried Fruit

Boxed meals (Mac & Cheese/Seasoned Rice, Seasoned Pasta, etc.)

Canned Beans or Dried Beans (Black, White, Red, Baked...)

Cereal or Oatmeal

School Snacks (fruit cups, applesauce, granola bars, small snack packs, etc.)

Crackers, Cookies, Muffin/Cake Mixes/Frosting, etc.

Juice/Coffee/Tea

Condiments (ketchup, mayo, mustard, salad dressing, relish)

(Low Salt/Low Sodium, Organic, and Gluten-Free products accepted)

Personal Hygiene (shampoo, soap, deodorant, toothpaste, feminine hygiene, etc.)

Paper Goods (paper towels, napkins, <u>toilet paper</u>, garbage bags, sandwich bags, storage bags, tissues, aluminum foil)

Cleaning products (dish soap, laundry detergent, household cleaners, etc.)

Donations are accepted Mon.-Thur. 8am-4pm or Fri. 8am-2pm

New Milford Food Bank 40 Main Street, 2nd Floor New Milford, CT 06776

