The New Milford River Trail (NMRT) is a 13 mile long multi-use trail that will follow the Housatonic River from Gaylordsville to Brookfield. In addition to expanding opportunities for recreation, the NMRT will:

- Develop greater appreciation for the spectacularly beautiful Housatonic River
- Funnel residents and visitors alike into our downtown business district
- Encourage people powered transportation

NMRT is also a key link in the Western New England Greenway, a network of trails and bike routes that is planned to run from Long Island Sound to the Canadian Border.

For more information, visit: nmbikewalk.org and wnegreenway.org