


June 2026	Dining Room (DR) Grand Room (GR)	Lounge/Library (L) Health and Wellness Room (HW)	Second Floor Carpeted Classroom (2A) Second Floor Hard Floor Club Room (CR) Lower Level (LL)	Second Floor Computer Lab (CL) Bocce Court outside (BC) Parking Lot (PL)
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9-12:00 Farmers Market Nutrition Program (new applicants & present enrollees) - lobby 1</p> <p>9:30 Cornhole (GR)</p> <p>10:00 Handiwork Circle (GR)</p> <p>10:30 American Sign Language 101 (L)</p> <p>11:30 Strength and Balance (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge 101 (L)</p> <p>1:00 Bingo (DR/GR)</p> <p>1:00 German Conversational Group (HW)</p> <p>4:30 Zumba Gold (CR) *\$*\$</p>	<p>9:30 Bocce (BC) 2</p> <p>10:30 Chair Yoga (2A) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Scrabble (L)</p> <p>12:30-3:00 Beginner Mahjong (2A)</p> <p>1:00 Quilt Circle (CR)</p>	<p>10-11:00 Tech Savvy for Apple products - Texts & Messages (CL) 3</p> <p>10:15 Visit with Children's Center (GR)</p> <p>10:30-11:30 Blood Pressure Screenings (HW)</p> <p>11:00 Dancin' Through the Decades (CR) *\$*\$</p> <p>11:00 Book Exchange with NMPL (DR)</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Advanced Mahjong - experienced players only (L)</p> <p>12:30 Bridge Club (2A)</p> <p>12:45 Midweek Matinee: "Death on the Nile" (2h 7m) (GR) - Book Club movie</p> <p>1:00 Tai Chi (CR) *\$*\$</p>	<p>10:00 Integrated Fitness: Head, Shoulders, Knees & Toes - Week 3 (2A) 4</p> <p>10:00 Cartoon Drawing Class (LL)</p> <p>10:00 Chess (L)</p> <p>11:00-11:45 On hold for June unless otherwise announced: Spanish (CL)</p> <p>11:30 Strength & Balance Exercise Class (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>1:00 Caregiver's Support Group (L)</p> <p>1:00 Cornhole (GR)</p>	<p>10:00 We've Got Game! Card Games (GR/DR) 5</p> <p>10:00 Wii Bowling (DR)</p> <p>10:00 Yoga (2A) *\$*\$</p> <p>12-1:30 Lunch from Rich's Wings & Things food truck (\$10; bring cash) (PL/GR)</p> <p>1:00 Sound Healing (2A)</p> <p>1:30 Special Bingo - wear your favorite summer attire (GR)</p> <p>5-7:00 Paint & Sip with RJ, with live music with Liam Cooley (RSVP 5/29 until class full: limited to 20) (LL)</p>
<p>8</p> <p>9:30 Cornhole (GR)</p> <p>10:00 Handiwork Circle (DR)</p> <p>10:00 Tech Smart: Android, Tablet & TracFone Help with NMPL by appt (HW)</p> <p>10:30 American Sign Language 101 (L)</p> <p>11:30 Strength and Balance (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge 101 (L)</p> <p>1:00 Bingo (GR/DR)</p> <p>1:00 German Conversational Group (HW)</p> <p>4:30 Zumba Gold (CR) *\$*\$</p>	<p>9:30 Bocce (BC) 9</p> <p>10-11:00 Free hearing screenings with HearingLife (call to make appt) (HW)</p> <p>10:30 Chair Yoga (2A) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Scrabble (L)</p> <p>12:30-3:00 Beginner Mahjong (2A) *Training session for first-timers and newbies normally held the second Tuesday of each month on hold through August.</p> <p>1:00 Quilt Circle (CR)</p> <p>1:00 "New Technologies in Hip and Knee Replacements" with CT Orhopaedic (GR)</p> <p>2:00-3:00 Reiki Healing (HW)</p> <p>By appointment: One-on-One Tech Help</p>	<p>9:30 Healthy Chats & Breakfast Snacks: "Living Safely, Securely and Independently" with snacks from Village Crest (GR) 10</p> <p>10-11:00 Tech Savvy for Apple - Customization (CL)</p> <p>10:30-11:30 Blood Pressure Screenings (HW)</p> <p>11:00 Dancin' Through the Decades (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Advanced Mahjong - experienced players only (L)</p> <p>12:30 Bridge Club (2A)</p> <p>12:45 Midweek Matinee: the 1968 "The Odd Couple" (1h 46 m) (GR)</p> <p>1:00 Tai Chi (CR) *\$*\$</p> <p>2:00 Golden Pen Poetry Workshop (HW)</p>	<p>10:00 Integrated Fitness: Head, Shoulders, Knees & Toes - Week 4, final (2A) 11</p> <p>10:00 Cartoon Drawing Class (LL)</p> <p>10:00 Chess (L)</p> <p>10-11:30 What's Happening? Current Events Discussion Group (L)</p> <p>10:30 Movers & Shakers: Kayaking on the Farmington River (\$30; RSVP by 6/2)</p> <p>11:00-11:45 On hold for June unless otherwise announced: Spanish (CL)</p> <p>11:30 Strength & Balance Exercise Class (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge Club (L)</p> <p>1:00 Cornhole (GR)</p> <p>3:30 Commission on Aging Meeting (GR)</p>	<p>12</p> <p>10:00 Bereavement Support Group (L)</p> <p>10:00 We've Got Game! Card Games (GR/DR)</p> <p>10:00 Wii Bowling (DR)</p> <p>10:00 Yoga (2A) *\$*\$</p> <p>1:00 Sound Healing (2A)</p> <p>1:00 Mystery Book Discussion Group (L)</p> <p>1:00 Senior Songbirds (GR)</p>
<p>15</p> <p>9:30 Cornhole (GR) Spirit Day *</p> <p>10:00 Handiwork Circle (GR)</p> <p>10:30 American Sign Language 101 (L)</p> <p>11:30 Strength and Balance (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge 101 (L)</p> <p>1:00 Special Bingo by Visiting Angels (GR)</p> <p>1:00 German Conversational Group (HW)</p> <p>4:30 Zumba Gold (CR) *\$*\$</p>	<p>16</p> <p>9:30 Bocce (BC)</p> <p>9:30 Ask the Attorney Roundtable (HW)</p> <p>10:30 Chair Yoga (2A) *\$*\$ - Elaine's final class</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:00 June Birthdays Celebration with cupcakes from CT Nursing Services (DR/GR)</p> <p>12:30 Scrabble (L)</p> <p>12:30-3:00 Beginner Mahjong (2A)</p> <p>1:00 Quilt Circle (CR)</p> <p>1:00 "Home Safety Solutions" in recognition of National Safety Month, with Hartford Healthcare Center for Aging (GR)</p>	<p>17</p> <p>10:00 Arts & Crafts: rescheduled Patriotic Tree (LL)</p> <p>10-11:00 Tech Savvy for Apple products - Security & Legacy (CL)</p> <p>10:30-11:30 Blood Pressure Screenings (HW)</p> <p>11:00 Dancin' Through the Decades (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Advanced Mahjong - experienced players only (L)</p> <p>12:30 Bridge Club (2A)</p> <p>12:45 Midweek Matinee: "Thelma" (1h 38 m) (GR)</p> <p>1:00 Tai Chi (CR) *\$*\$</p>	<p>18</p> <p>10:00 Cartoon Drawing Class (LL)</p> <p>10:00 Chess (L)</p> <p>10:15 NMSC Helping Hands Volunteer Meeting (GR)</p> <p>11:00-11:45 On hold for June unless otherwise announced: Spanish (CL)</p> <p>11:30 Strength & Balance Exercise Class (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>1:00 Cornhole (GR)</p> <p>1:00 Thursday Popular Books Book Discussion Group (L)</p> <p>2:00 Rock the Rainbow (paint garden rocks for Pride Month) (LL)</p>	<p>19</p> <p style="text-align: center;">CLOSED FOR JUNETEENTH</p>
<p>22</p> <p>9:30 Breakfast to honor Father's Day (GR) (RSVP by 6/15)</p> <p>9:30 Cornhole (CR until 11:00)</p> <p>10:00 Handiwork Circle (GR)</p> <p>10:00 Tech Smart: Android, Tablet & TracFone Help with NMPL by appt (HW)</p> <p>10:30 NO CLASS American Sign Language 101 (L)</p> <p>11:30 Strength and Balance (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge 101 (L)</p> <p>1:00 Bingo (GR)</p> <p>1:00 German Conversational Group (HW)</p> <p>4:30 Zumba Gold (CR) *\$*\$</p>	<p>23</p> <p>9:30 Bocce (BC)</p> <p>12:00 Lunch (DR and GR) \$5 Suggested Donation</p> <p>12:30-3:00 Beginner Mahjong (2A)</p> <p>12:30 Scrabble (L)</p> <p>1:00 Quilt Circle (CR)</p> <p>1:00 "The Music of the 1950s-60s" Presentation sponsored by SYNERGY Homecare (GR)</p> <p>1:00 Tuesday Popular Books Book Discussion Group (L)</p> <p>2:00-3:00 Reiki Healing (HW)</p>	<p>24</p> <p>9-10:00 Movers & Shakers: Walk at Sunny Valley Preserve in NM (yellow trail: easy, 62 ft elevation)</p> <p>10-11:00 Tech Savvy for Apple products - Health/Medical ID (CL)</p> <p>10:30-11:30 Blood Pressure Screenings (HW)</p> <p>11:00 Dancin' Through the Decades (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Advanced Mahjong - experienced players only (L)</p> <p>12:30 Bridge Club (2A)</p> <p>12:45 Midweek Matinee: "Remarkably Bright Creatures" (1h 53 m) (GR)</p> <p>1:00 Tai Chi (CR) *\$*\$</p>	<p>25</p> <p>10:00 Cartoon Drawing Class (LL)</p> <p>10:00 Chess (L)</p> <p>10-11:30 What's Happening? Current Events Discussion Group (L)</p> <p>11:00-11:45 On hold for June unless otherwise announced: Spanish (CL)</p> <p>11:30 Strength & Balance Exercise Class (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge Club (L)</p> <p>1:00 Cornhole (GR)</p> <p>4:30-7:00 Pride Month Celebration: Voices of Pride- An Evening of Allyship & Visibility - Rainbow Reception followed by screening of "Casa Susanna" and discussion (GR)</p>	<p>26</p> <p>9:00 Senior Breakfast (Odd Fellow's Hall)</p> <p>10:00 Wii Bowling (DR)</p> <p>10:00 We've Got Game! Card Games (GR/DR)</p> <p>10:00 Yoga (2A) *\$*\$</p> <p>1:00 Sound Healing (2A)</p> <p>1:00 Brain Games & Snacks with Village Crest (GR)</p>
<p>29</p> <p>9:30 Cornhole (GR)</p> <p>10:00 Handiwork Circle (GR)</p> <p>10:00 Tech Smart: Android, Tablet & TracFone Help with NMPL by appt (HW)</p> <p>10:30 NO CLASS American Sign Language 101 (L)</p> <p>11:30 Strength and Balance (CR) *\$*\$</p> <p>12:00 Lunch (DR/GR) \$5 Suggested Donation</p> <p>12:30 Bridge 101 (L)</p> <p>1:00 Bingo / Moment of Reflection (DR/GR)</p> <p>1:00 German Conversational Group (HW)</p> <p>4-6:00 Evening Edition: Extended hours. MAs appts</p> <p>4:30 Zumba Gold (CR) *\$*\$</p> <p>5-7:30 Timeless Beauty: Makeup for Mature Women - with Joby Rogers (limited to 20) (GR)</p>	<p>30</p> <p>9:30 Bocce (BC)</p> <p>12:00 Lunch (DR and GR) \$5 Suggested Donation</p> <p>12:30-3:00 Beginner Mahjong (2A)</p> <p>12:30 Scrabble (L)</p> <p>1:00 Quilt Circle (CR)</p> <p>1:00 "The Search of Life in the Solar System" with Bill Cloutier of McCarthy Observatory (GR)</p>	<p style="text-align: center;"></p> <p style="text-align: center;">NEW MILFORD SENIOR CENTER 40 MAIN ST. NEW MILFORD, CT 06776 PHONE: 860-355-6075 EMAIL: SENIORS@NEWMILFORDCT.GOV - Open Hours Available -</p> <p style="text-align: center;">Connect with the New Milford Senior Center office for usage requests: Computer Lab and pool table all year-round and Bocce Ball Court (spring through Oct. 15).</p>	<p>Name: _____</p> <p>Address: _____</p> <p>Phone: _____</p> <p>To sign up for multiple programs, please indicate signups by circling program on Calendar</p> <p><input type="checkbox"/> Check box if Senior Bus Transportation is needed</p> <p>*\$*\$ -- Fee-based program, connect with office for details</p>	<p style="text-align: center;">Spirit Day *</p> <p>In recognition of June being Pride Month, and in the spirit of allyship and visibility, attendees are invited to wear the colors of the rainbow—whether choosing a single hue or a mix that represents the full spectrum.</p> <p>NOTE: The required training series for first-timers and newbies players normally held the second Tuesday of each month for Mahjong Beginners is paused June through August. It is expected to resume in September. Watch for announcement.</p>