COVID-19 RECOMMENDATIONS: BUSINESSES

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New Milford Department of Health COVID-19 Recommendations - p. 3
Definitions - p. 4
COVID-19 Vaccine Eligibility - p. 5
Quarantine Guidelines - p. 6 - 9
NEW MILFORD DEPARTMENT OF HEALTH

COVID-19 Recommendations

- Get your COVID-19 vaccine or your Booster shot (if eligible)
- Quarantine for 10 days if exposed (unvaccinated)
- Wear a mask in public, crowded places, and at social gatherings. Required in healthcare setting, schools, daycares, nursing homes, and prisons
- Get tested if you are experiencing COVID-19 symptoms
- Stay home if you are not feeling well
Isolation
Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

Mask Wearing
Covers nose and mouth and fits tightly on face.

DEFINITIONS

Close Contact
Someone who was less than 6 feet away from sick person for a cumulative total of 15 minutes or more over a 24-hour period.

Quarantine
Keeps someone who was in close contact with someone with COVID-19 away from others.

Isolation
Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.
COVID-19 VACCINE ELIGIBILITY

**PRIMARY SERIES:**
- **Pfizer:** Ages 5+
- **Moderna:** Ages 18+
- **Johnson & Johnson:** Ages 18+

**BOOSTER:**
- **Pfizer:** Ages 16+, 6 months after 2nd dose
- **Moderna:** Ages 18+, 6 months after 2nd dose
- **Johnson & Johnson:** Ages 18+, 2 months after last dose
**QUARANTINE GUIDELINES**


### UNVACCINATED & NOT BOOSTED:
- Quarantine for 5 days following a COVID-19 exposure
- Wear a mask around others for 5 additional days post quarantine
- Monitor symptoms & test on day 5
- Isolate for 5 days if you develop COVID-19 symptoms or test positive

### FULLY VACCINATED & BOOSTED:
- Fully vaccinated & boosted people do not need to quarantine if they are exposed to COVID-19.
- Wear a mask when around others for 10 days
- Get tested on day 5 after exposure, if possible
- Isolate for 5 days if you develop COVID-19 symptoms or test positive
COVID-19 SYMPTOMS + NO CLOSE CONTACT

1. Negative test

   +

   OR

   =

   Return after no fever for 24 hours without using fever reducing medications & other symptoms have improved

   Regardless of vaccination & booster status

2. Positive test

   +

   OR

   =

   SELF-ISOLATE 5 DAYS

   Regardless of vaccination & booster status

   &

   WEAR A MASK 5 DAYS

3. No test

   +

   Unvaccinated & not boosted

   =

   SELF-ISOLATE 5 DAYS

   &

   WEAR A MASK 5 DAYS

   UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved

**can return earlier if healthcare provided provides documentation**
COVID-19 SYMPTOMS + CLOSE CONTACT

1. Negative test
   +
   Unvaccinated & not boosted
   =
   QUARANTINE
   5 DAYS
   OR
   **can return earlier if healthcare provided provides documentation**

2. Negative test on day 5
   +
   Vaccinated & Boosted
   =
   WEAR A MASK
   10 DAYS

3. Positive test
   +
   Regardless of vaccination & booster status
   OR
   =
   SELF-ISOLATE
   5 DAYS
   &
   UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved

4. No test
   +
   Unvaccinated & not boosted
   =
   SELF-ISOLATE
   5 DAYS
   &
   UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved
NO COVID-19 SYMPTOMS + CLOSE CONTACT

1. Negative test
   + Unvaccinated & not boosted =
   **QUARANTINE**
   5 DAYS
   &
   5 DAYS AFTER QUARANTINE

2. Positive test
   + OR
   Regardless of vaccination & booster status =
   **SELF-ISOLATE**
   5 DAYS
   &
   5 DAYS AFTER ISOLATION

3. Vaccinated & Boosted
   =
   Get tested
   5 DAYS AFTER EXPOSURE
   &
   10 DAYS SINCE EXPOSURE

*NO QUARANTINE UNLESS DEVELOP SYMPTOMS*