COVID-19 RECOMMENDATIONS: DAYCARES

December 8, 2021

New Milford Department of Health
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NEW MILFORD DEPARTMENT OF HEALTH

COVID-19 Recommendations

- Get your COVID-19 vaccine or your Booster shot (if eligible)
- Quarantine for 10 days if exposed (unvaccinated)
- Wear a mask in public, crowded places, and at social gatherings
- Get tested if you are experiencing COVID-19 symptoms
- Stay home if you are not feeling well

Quarantine

Required in healthcare setting, schools, daycares, nursing homes, and prisons
DEFINITIONS

Close Contact
Someone who was less than 6 feet away from sick person for a cumulative total of 15 minutes or more over a 24-hour period.

Quarantine
Keeps someone who was in close contact with someone with COVID-19 away from others.

Isolation
Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

Mask Wearing
Covers nose and mouth and fits tightly on face.
COVID-19 VACCINE ELIGIBILITY

PRIMARY SERIES:

- **Pfizer**: Ages 5+
- **Moderna**: Ages 18+
- **Johnson & Johnson**: Ages 18+

BOOSTER:

- **Pfizer**: Ages 18+, 6 months after 2nd dose
- **Moderna**: Ages 18+, 6 months after 2nd dose
- **Johnson & Johnson**: Ages 18+, 2 months after last dose
**QUARANTINE RECOMMENDATIONS**

**UNVACCINATED:**
- Quarantine for **10 days** following a COVID-19 exposure
- Monitor symptoms
- Isolate if you develop COVID-19 symptoms or test positive

**VACCINATED:**
- Fully vaccinated people do not need to quarantine if they are exposed to COVID-19.
- Get tested 3-5 days after exposure
- Wear a mask when around others for 14 days
- Isolate if you develop COVID-19 symptoms or test positive

*NOTE THAT SCREEN & STAY DOES NOT APPLY TO DAYCARES*
Return after no fever for 24 hours without using fever reducing medications & other symptoms have improved

UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved

**can return to daycare earlier if healthcare provided provides documentation**
**COVID-19 SYMPTOMS + CLOSE CONTACT**

1. Negative test + Unvaccinated = **QUARANTINE** OR **10 DAYS**
   - **can return to daycare earlier if healthcare provider provides documentation**

2. Negative test + Vaccinated = **WITHIN 90 DAYS**
   - Return to work after no fever for 24 hours without using fever reducing medications & other symptoms have improved

3. Positive test + Regardless of vaccination status = **SELF-ISOLATE**
   - 10 DAYS
   - UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved

4. No test + Regardless of vaccination status = **SELF-ISOLATE**
   - 10 DAYS
   - UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved
1. Negative test + Unvaccinated = 10 days

2. Unvaccinated + Tested positive in the last 90 days = No test, if asymptomatic

3. Positive test + Regardless of vaccination status = SELF-ISOLATE 10 DAYS

4. 3-5 days after exposure

*NO QUARANTINE UNLESS DEVELOP SYMPTOMS