COVID-19 RECOMMENDATIONS: SCHOOLS

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COVID-19 Recommendations

**Quarantine for 10 days if exposed (unvaccinated).**

**Wear a mask in public, crowded places, and at social gatherings.**

**Get tested if you are experiencing COVID-19 symptoms.**

**Practice proper hygiene (wash hands regularly, cover your mouth/nose when coughing and sneezing).**

**Stay home if you are not feeling well.**

*We recognize that families may opt to use the shorter, approved quarantine guideline which requires a COVID-19 test on day 5 or later, with a return to school on day 8 following a negative result.*
DEFINITIONS

Close Contact
Someone who was less than 6 feet away from sick person for a cumulative total of 15 minutes or more over a 24-hour period.

Quarantine
Keeps someone who was in close contact with someone with COVID-19 away from others.

Isolation
Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

Screen & Stay
Allows unvaccinated individuals that were exposed to COVID-19 in school to attend school as long as they are asymptomatic and follow the proper procedures.
COVID-19 GUIDELINES FOR SCHOOLS: QUARANTINE VS. ISOLATION

Source: CT DPH Addendum 5

Quarantine = when you have been exposed but you are not experiencing symptoms

Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 (tested positive)
1. **Negative test**
   
   Return to school after no fever for 24 hours without using fever reducing medications & other symptoms have improved.

2. **Positive test**
   
   **SELF-ISOLATE 10 DAYS**

3. **No test**
   
   **SELF-ISOLATE 10 DAYS**

**can return to school earlier if healthcare provided provides documentation**
COVID-19 SYMPTOMS + CLOSE CONTACT

1. Negative test + Unvaccinated = QUARANTINE 10 DAYS

2. Negative test + OR = WITHIN 90 DAYS

3. Positive test + Regardless of vaccination status OR = SELF-ISOLATE 10 DAYS &

4. No test + Regardless of vaccination status OR = SELF-ISOLATE 10 DAYS &

Get tested on day 5 or later with a return to school on day 8.

Return to school after no fever for 24 hours without using fever reducing medications & other symptoms have improved.

UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved.

UNTIL NO fever for 24 hours without fever reducing medication & other symptoms have improved.
**NO COVID-19 SYMPTOMS + CLOSE CONTACT**

1. **Negative test** + **Unvaccinated** = **QUARANTINE 10 DAYS** OR Get tested on day 5 or later with a return to school on day 8.

2. **Unvaccinated** + **Tested positive in the last 90 days** = **No test, if asymptomatic**

3. **Positive test** + **Regardless of vaccination status** = **SELF-ISOLATE 10 DAYS**

4. **Vaccinated** = **3-5 DAYS AFTER EXPOSURE**

*NO QUARANTINE UNLESS DEVELOP SYMPTOMS*
Protocols & Procedures

Screen & Stay applies to students or staff who are unvaccinated or partially vaccinated and were exposed to COVID-19 while in school. **NOTE: This does not apply to before/after school programs UNLESS they are controlled situations such as tutoring or classroom style learning.**

These individuals are choosing to continue to report to school for in-person learning or work provided exposure occurred:

- **Inside the school building between masked individuals**
- **Between either masked or unmasked individuals in certain supervised outdoor activities at school**
- **The student/staff person identified as a close contact remains asymptomatic**
- **Both the school and family can implement selected procedures to further reduce in-school transmission risk.**

Source: CT DPH Options for Temporary Relief from Student and Staff Quarantines due to COVID-19 Exposures in K-12 Schools
SCREEN & STAY

Requirements

- Perform a daily symptom assessment for 14 calendar days.
- Provide a documented affirmation to their school health office, administration, or other designee.
- The person will quarantine at home and not report to school if they experience any of the COVID-19 symptoms during any time of the 14-day monitoring period.

*THESE GUIDELINES DO NOT APPLY WHEN INDIVIDUALS ARE NOT IN SCHOOL.*

Screen & Stay does not apply to:
- PreK students and staff
- having a close contact outside of school (e.g. parties, sports, play dates, etc)
- in a situation indoors where masks were removed and 6 feet of spacing was not maintained
- during extracurricular or other activities outside the regular school day
COVID-19 VACCINE ELIGIBILITY

PRIMARY SERIES:
- **Pfizer**: Ages 5+
- **Moderna**: Ages 18+
- **Johnson & Johnson**: Ages 18+

BOOSTER:
- **Pfizer**: Ages 16+, 6 months after 2nd dose
- **Moderna**: Ages 18+, 6 months after 2nd dose
- **Johnson & Johnson**: Ages 18+, 2 months after last dose