



# The New Milford Food Bank

**Non-perishable donations** can be delivered to the food bank at the office of NM social services located on the playground side of JPCC,

during the hours of-

**Monday-Thursday ( 8:30am- 4pm)**

**Friday (8:30am-2pm)**

We request that donors check to see that the items are not expired, damaged, or open.

**Please do not drop off perishable donations without notifying us ahead of time for proper screening.**

Distribution of food is on **Thursdays** from **9am-4pm**. Please see office staff for details on receiving food and participating in this program.

**Donations can be made out to the New Milford Food Bank and mailed to**

**New Milford Social Services  
2 Pickett District Road  
New Milford, CT 06776**

**Phone: 860-355-6079  
Fax: 860-355-6019  
Socialservices@newmilford.org**

**“This institution is an equal opportunity provider”**

Sponsored by The Connecticut Food Bank



Fighting  
Hunger  
Through

Healthier  
Food  
Choices  
and



Wellness Education



A program of New Milford Social Services for local families and individuals who are in need of food.



# New Milford Food Bank



The food bank offers weekly food choices including shelf-stable non-perishable food, bakery items, seasonal fresh local produce, frozen meat, eggs, dairy, and meals from The Community Culinary School of Northwestern CT, when available.


Participants are counseled by a social worker before registering. Referrals are made to other services that provide on-going assistance, such as Connecticut's Supplemental Nutrition Assistance Program (SNAP – formerly called Food Stamps), local food co-ops and farmers markets, and the Loaves and Fishes Hospitality House (soup kitchen).

***The program operates primarily on donations of funds and food. 100% of gifts go towards meeting client needs. We do receive some USDA commodities to assist with food emergencies..***

Monetary donations also help provide emergency vouchers to enable clients to purchase fresh food and personal care items at our local grocery stores.

***There are over 400 households registered for the food bank; with about 290 different households utilizing the Food Bank at least once a month; mostly once a week. Currently we are distributing an average of 178 bags of groceries each week (equaling a distribution of over 5,900 non-perishable food items monthly). (2018)***

*\*\*We also accept donations of diapers/wipes, personal hygiene products, paper products, and household cleaning supplies.*

**Please see details on accepting donations on the back of this pamphlet.** 



## FYI

**Food Insecurity** is when an individual or family lacks consistent and adequate access to sufficient, safe and nutritious food to meet their dietary needs for healthy and productive lives.

- ◆ *12% (437,530 persons) of CT households struggle with food insecurity (low and very low) .- Litchfield County is 19,870 [CT Food Bank]*

- ◆ 30% (232,258) of children in CT live in low-income families [of that number: 34% (77,592) of children under age 6 live in low-income families]. [National Center for Children in Poverty]

- ◆ *A household of four with a gross earning of \$45,516 a year cannot qualify for SNAP (food stamps). 1525 New Milford residents rely on SNAP. [DSS 2016]*

\*\*\*\*\*

**Food Security** is when all people at all times have physical and economic access to sufficient food to meet their dietary needs for a productive life.

- ◆ ***The New Milford Food Bank distributes over 8800 bags (over 72,000 meals) of non-perishable food every year. Additionally, offering thousands of pounds of vegetables, meat, dairy, & bakery items.***
- ◆ ***Over 700 people benefit from the New Milford Food Bank on a monthly basis (including seniors and families with children)***

